



WELCOME TO YOUR JULY NEWSLETTER

Introducing Mary O'Neill our new Treasurer

Like many of you, Gavin and I moved to Driffield after retirement last year. Having been brought up in a small town in Ireland, I immediately felt at home here. In fact, it's fair to say that I have fallen in love with the town. I love that I can walk everywhere and that the streets in the town centre haven't changed much for centuries. We're kept in touch with nature with sheep grazing on the Motte, the clear chalk streams and Riverhead canal, whilst the availability of great food from local shops, the market (and Lidl) is another bonus.

We joined U3A shortly after moving here and feel very welcome by the community. I rediscovered my love of bridge after not playing for over 35 years, and am seeing the local landscape through new eyes thanks to the expertise within the geology group. There's nothing like a quiz to keep you up to date: how many of you know what the acronym YOLO means? It's a good message for us all!

I volunteered to take on the treasurer role and want to thank Paul Davies for how well he has organised the finances and taught me all the ins and outs of the job. I'm enjoying getting to know the group leaders and treasurers and ask that they bear with me as I learn the ropes.

Regards *Mary*

***** MEMBERSHIP NEWS *****

The **THIRD AGE MATTERS** magazine is now available
to you online at either *u3a Matters* or
<https://www.u3a.org.uk/what-we-do/u3a-matters>

MONTHLY MEETINGS

Driffield Community Centre - Second Thursday of each month - 2.00pm - 4.00pm

ALL MEMBERS WELCOME



FREE BOOK SWAP

Bring along your old books and help yourself to new ones!



FREE REFRESHMENTS

This month provided by
The Games Group



PROGRAMME

2026

Thursday 9th July

Traditional Medicine

Hedgerows, plants and beyond
Sam Coleman

Thursday 13th August

Malton Museum

Thursday 10th September

OPEN DAY

All Members Welcome

£1.50 Admission

**Doors Open
from 1.30pm**

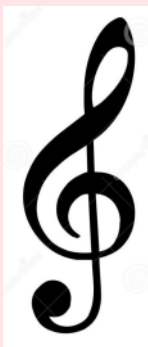
TRADITIONAL MEDICINE

Hedgerows, plants & beyond

Samantha Coleman

'A brief history of herbal medicine, and the scientific support behind traditional uses of many plants: including common hedgerow plants such as nettle, dandelion, hawthorn and cleavers.'

CLASSICAL MUSIC GROUP



Meetings are held on the 4th Monday of the month in
All Saints Church Hall.

MONDAY 27th JULY

BACH BRANDENBURG CONCERTO

There will be NO meeting in August.

Group Leader: Colin Bickerdyke: Email: c.bickerdyke@talktalk.net

425 MILERS GROUP

The 425 Walking Group (2nd Tuesday and 4th Thursday of the month)

9.30am in Driffield Community Centre Car Park - car sharing available £3.00

We walk the Wolds, Holderness and the East/North Yorkshire coast. Most of our walks are within a 25 mile radius of Driffield

The 425 Milers will visit coast and country in July.

Our leaders for both walks are Bill & Sandra Troy

Mobile: 07397 068377 - Email: wtroy6789@gmail.com

Tuesday July 14th Flamborough (starting from South Sea Road, by the recreation ground)

Thursday July 23rd Watton (starting from the layby).

Walkers intending to drive straight to the location should inform Bill & Sandra.

Group Leader Paul Grinstead - Email: p.grinstead2@btinternet.com or call 07932 494357 or 01377 255272

SOCIABLE STROLLERS GROUP

Meets on the first Friday of each month at 1.00pm in the Community Centre Car Park

Leaving at 1.00pm unless otherwise informed. Strong footwear is advised for the walks.

Walks are between 2-3 miles ending with refreshments at a café.

Friday 3rd July - Beverley Beck

Leader: Hazel Senior

Mob: 07934 489501



Group Leader - Sue Clarkson:
Tel: 01377 256857 Mob: 07762 782082
Email: clarksonsusan40@gmail.com

May: Twing Village Pump - 16 of us that day. A walk around the village followed by coffee and cake at the recently reopened Falling Stone pub.

WALKING GROUP

Meets on the 1st Tuesday and the 3rd Thursday of each month.

9.30am prompt in Driffield Community Centre Car Park for car sharing.

Please bring picnic lunch.

Tuesday 7th July - 7 mile, fairly strenuous walk, from **BUGTHORPE**

Further details from walk leaders: Jim & Ruth: Mob: 07706 798439

Email: jim@jurustel.co.uk

Thursday 16th July - 7.5 miles, easy walk from **WALKINGTON**

Further details from walk leaders: Gillian & David: Mob: 07990 356409

Email: gillian.j@hotmail.co.uk



For more details contact Group Leader **Steve Whitaker** Email: sp.whitaker@yahoo.co.uk Mob: 07952 981786

INDEPENDENT PERSONS' GROUP

Second Friday of each month at the Cricket Club, King's Mill Road, Driffield 10.30am - 12 noon

A variety of things are planned for this summer,
including visiting Nunnington Hall.

We also have our garden party to look forward to in August!!

Next meeting Friday 10th July

For more information contact: Marian Carter - Mob: 07702 317441 or Penelope Kinsley - Mob: 07837 604166

AWAY DAYS



Away Day trip **FRIDAY 17th JULY** to

GRIMSBY FISHING HERITAGE MUSEUM and CLEETHORPES

Cost: Coach: £22.00 / Museum: £6.50 / Ross Tiger Trawler Tour £2.50

Options: Visit museum or take the bus into Cleethorpes.

Details have been emailed to members.

Places still available on this trip - we will be taking further bookings
at the Monthly Meeting on Thursday 9th July.

Leader: Terence Jarvis: Email: thejarve@googlemail.com

Tel: 01377 254615 Mob: 07484 847816 or Sue Hudson: Mob: 07923 431609

TAI CHI

Meetings are held in the Driffield Community Centre main hall
on the first, third and fourth Monday & Thursday of the month.

Entry fee £1.00

MONDAYS: 2.00pm - 3.00pm THURSDAYS: 1.00pm - 2.00pm

Both groups are suitable for beginners and will include warm up exercises, Qigong, Meditation and Lee style Tai Chi form. Tai Chi can help you improve your health by learning to breathe correctly, improve flexibility and balance and help calm the mind. Come along and have a go!

Don't set into one form, adapt it and build your own
and let it grow, be like water.
Change is constant in life. It's important to learn how
to explore and dance with change. Embrace it.
Be flexible in order to make the best of the
circumstances in life.
Bruce Lee

Dates for July

Mondays: 6th, 20th & 27th

Thursdays: 2nd, 16th, 23rd & 30th

Group Leader: Maggie Bray

Mob: 07753 224793 Email: maggie.bray@hotmail.com

NEW AGE KURLING

Our regular weekly playing sessions are Tuesday afternoons - 1.00pm - 3.00pm
at the Driffield Leisure Centre, Bridlington Road. **TERM TIME ONLY**
Cost £3.00 per person and refreshments/biscuits provided by the Leisure Centre at 50p each.
Please pay for the session on the court - not at reception.
You just need indoor shoes/trainers - all equipment provided.



This group is now FULL to capacity with a waiting list.

Practising for u3a Festival in York on July 1st.
Few of the team missing on day of the team photo.

Group Leader: Ann Wilkinson: Email: wilkynaff@yahoo.co.uk Mob: 07747 102635

CARD MAKING & CRAFT GROUP

Meetings are held in the Community Centre on the last Friday of the month from 10.45am-12.45pm
£5.00 per person to cover rent, materials and refreshments.

Our next meeting is Friday 31st July

Crafting contact: Debbie Ireland-O'Neill - 07917 447974 - d.ireland-oneill@hotmail.com
Or Adrienne Bailey - 07530 714186 - adrienne.bailey@outlook.com

TELL YOUR FRIENDS ABOUT YOUR u3a

They would be welcome to attend one of our groups as a guest
before deciding whether to become a Member. If you know someone
who would like more details let me know: carolesalmon@hotmail.com

SUNDAY DINING GROUP

In June a group of us dined at the Victoria Inn In Wetwang.

**In July we are having lunch at the
Manor Court in Carnaby on 19th July**

Details will be emailed to group members.



For more information contact the Group Leader: Eamon McGeough: Email: eamonm56@gmail.com

GEOLOGY GROUP

Indoor sessions at the Cricket Club have now finished for the Spring Term and will resume in September 2026. Currently we are taking field trips.

Following the success of our field trip to Whitby in May we have a trip planned to **PICKERING on Thursday 30th July**
This will be led by Richard Myerscough

For further details contact the Group Leader: Kathy Chilver: 01377 255052

LOCAL HISTORY GROUP

Meetings are held on the third Wednesday of the month at 2.00pm in the Driffield Community Centre

ALL MEMBERS WELCOME!

Wednesday 15th July

Field trip to Rudston led by Richard Myerscough, including a visit to the church and a talk on the archaeology of the graveyard. Followed by return to Driffield and a visit to the Parish Church.

Meet at Driffield Community Centre
by 9.30 am for car sharing.



Group visit to Beverley Minster

For more information contact **Ross Weekes** Tel: 01377 253832 Email: rossweekes@btinternet.com

ARCHAEOLOGY/HISTORY GROUP

Meets on the first and third Tuesday each month at the Driffield Community Centre 10.00am to 12 noon

**Sadly, due to seating constraints,
we are temporarily closing this group to new members.**

**The group is closed for the summer and will resume
on Tuesday 2nd September 2026**

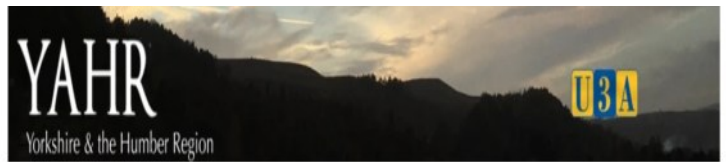
For more information contact Group Leader: Susan Adamson Tel: 01377 270429

Driffield and Wolds u3a website

The Newsletter is up to date as of the first of each month, but sometimes things change.

To get the latest news, visit our website at:

<https://driffieldwolds.u3asite.uk>



YORKSHIRE AND HUMBER REGION U3A

Details of regional activities for u3as in the Yorkshire and Humber Region can be found on their website:

<https://yahru3a.uk>

READING GROUP

We meet on the last Thursday of the month in Members' homes.

As we meet in each other's homes our Group is currently at capacity.

Next meeting September after summer break.



For more details please contact:

Julia Spencer-Jones

Mob: 07726 264712

Email: charles.juliasj@gmail.com



BRIDGE GROUP



For Beginners to the more Advanced

We meet every Wednesday

at 2.00pm in the

Committee Room of the Community Centre



Our meetings for JULY are:

1st, 8th, 15th, 22nd & 29th



For more information please contact
Group Leader - **George Ansell** Mob: 07929 299362

find us on facebook

If you use Facebook please take a look at the **Driffield & Wolds u3a site.**

Ann Wilkinson's posts are interesting and informative. They keep you up to date with what is happening in our u3a and others around the country.

The Games Group



SCRABBLE

Gerald Massey

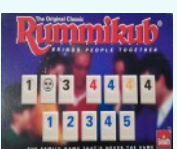
Tel: 01377 257063



MAH JONGG

Mike Smith

Mob: 07955 733514



RUMMIKUB

Carole Salmon

Mob: 07905 682103

Kay Maslen

Mob: 07838 208025

The Games Group is an amalgamation of groups (Mah Jongg, Rummikub & Scrabble).

New games to include Backgammon and Upwords.

We meet on the 2nd and 4th Tuesday of each month at the Cricket Club on King's Mill from 2.00pm - 4.00pm

This is a friendly social occasion with tea, coffee and biscuits. If you are interested drop in for one of our afternoon sessions. Patient help will be given to anyone interested in any of the games, previous experience not required!

July dates: 14th & 28th

u3a HOLIDAYS 2026 - 2027

NORTHUMBRIA HOLIDAY MAY 2026



Challenging for the organisers on this one, but hopefully a lovely holiday for our fabulous passengers.

We got sunny hot days, good food, nice hotel based in lovely Alnwick, lovely staff, great excursions to Bamburgh Castle, Lindisfarne and a fantastic boat trip around the Farne Islands viewing loads of sea birds and seals - but no dolphins that day!

There was plenty of time to look around and explore, Alnwick has a lot going for it.

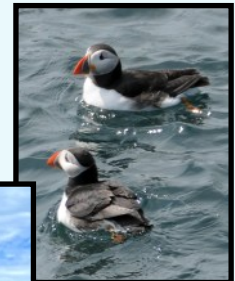
We also got 'lots of coaches and drivers' in the 5 days, but we got there.

We went on all our excursions and got home safely that's the main thing!

But mostly, we were absolutely delighted to have the company of our passengers who were such a lovely lot and it was great to meet all the new members travelling with us.

We now have some expert Uno players amongst us don't we!

Looking forward to the next one - October time! Sue & Ann



THURSFORD CHRISTMAS SPECTACULAR

The weekend of 12th/13th December 2026

Still places available - this has excellent reviews for those who have not been!

Non u3a members welcome. Cost: £249pp (single supp £27) - £50 deposit.

Book direct with Buckleys quoting: TOUR 26SH021

Further details from Ann: Mob: 07747 102635

Enquiries to: Ann Wilkinson: email: wilkynaff@yahoo.co.uk Mob: 07747 102635

NATURE GROUP

We meet on the 2nd Monday of the month. For more information contact Group Leader:
Marian Carter: Mob. 07702 317441 or Carole Salmon: Mob. 07905 682103

In June we embarked on a wonderful canal trip from Melbourne on the Pocklington Canal. The weather started poorly but after lunch we were treated to sunny skies.



TECH SUPPORT CLINIC



**Technical Support is pausing for the summer.
We will reconvene in September 2026
when once again we hope to offer an advice
service to our members.**

Group Leader - Gavin Cutler: Email: gavinlcutler@gmail.com

TABLE TENNIS



Methodist School Room Westgate, Driffield

Every Tuesday 1.00pm - 3.00pm

Group Leader: John Cawley - Mob: 07584 041909

Every Thursday 10.00am - 12 noon

Group Leader: Chris Crosby - Mob: 07594 414681 Email: chriscrosby40@aol.com

All equipment is provided - you just need suitable clothing and footwear.

DIGITAL PHOTOGRAPHY GROUP

The Cricket Club, King's Mill Road.

on the third Monday of each month 10.00am - 12 noon
We have a varied membership, all with experience to share.

Tea, coffee and treats are included! Why not join us?

Our next meeting will be on

Monday 20th July

Theme: WATER



Theme: JUNE
Your favourite things



This group currently has a waiting list - so please contact group leader.

Penelope Kinsley Mob: 07837 604166

Did you have children between 1973 and 2010?

Parents were given the incorrect amount of benefit and
the system is now paying back the shortfall!

To claim go online under 'Child Benefit Claim' on the GOV.UK website.



The Discussion Group

The Group meets every Friday at 9.30am
in the Driffield Community Centre meeting room.

All u3a Members are welcome to join us.

We are taking a summer break and will resume meetings in September.

For more details of planned discussions contact: **Chris Taylor: Mob: 07484 160660**



WALKING TENNIS



Kindly made available to us by Driffield Cricket & Recreation Club.

Lawn Tennis section, Kingsmill Road YO25 6TT

Available fortnightly 2.00-3.30pm Dates for July - 3rd, 17th & 31st

If you don't feel up to full on tennis, why not try Walking Tennis, it's safe, fun and inclusive.

Suitable for beginners and those in need of more time to get to the ball.

Larger rackets and lighter balls are provided. Tea, coffee etc included £3.50 per session.

More information available from: **Anita Oxtoby: email: anita_oxtoby8@hotmail.com**



ART GROUP

Meeting every Thursday 2.00pm - 4.00pm
at the Roman Catholic Church Hall, Westgate, Driffield.

PLEASE NOTE WE WILL NOT BE MEETING ON THURSDAY 9th JULY

This is a Group for everyone, from beginner to experienced returners and currently practising artists.

A sociable space to make art and share ideas.

Why don't you come along and see what we do.

EVERYONE IS WELCOME

Group Leader: Colin Seddon: Email: colinseddon@hotmail.co.uk Mob: 07443 002450



We're Jammin'

We meet every Wednesday at Driffield Methodist School Room
10.00am to 12 noon - Doors open 9.30 for setting up.

As this group is currently **FULL** - members will be kept fully informed of any changes.

Group Leader: Chris Taylor: chri_taylor@btinternet.com Mob: 07484 160660



Guitar: Starting Out

The sessions are held in
Driffield Community Centre
Mondays 10.00am - 11.30am

Chris and Paul (and maybe Tony) will provide the teaching for the group and we'll keep trying to match the teaching to the level of our learners.

NEW MEMBERS WELCOME

Group Leaders: Chris Taylor: chri_taylor@btinternet.com Mob: 07484 160660
Paul Patterson: Mob: 07802 513175

CROQUET

Driffield Lawn Tennis & Croquet Club



Manorfield Avenue, Driffield YO25 5HN

Entrance between Nos. 8 and 10 Manorfield Ave.

Every Monday 1.30pm for a 2.00 start

All equipment provided - please wear flat shoes

Driffield u3a Croquet group were hugely honoured with a visit from the current All England Ladies Croquet Champion, Alison Maugham (in pink in photo). Alison was accompanied by Andy Dalby Welsh, CEO of Croquet England and a leading blind player.

We played a short game of 6 hoops against Alison and Andy - I won't say who won, but they were very good! I think we were humbled by the abilities of a blind player whose only assistance was an audible signal from his partner shaking a rattle over the target.

Alison brought along some teaching aids to assist players get to grips with take off angles. Perhaps of more interest was hard surface hoops which would allow us to play in the winter in a sports hall, for example.



The afternoon closed with tea and some excellent cakes provided by Mike and Lesley Littlewood, our hosts at Driffield Lawn Tennis & Croquet Club.

Our Croquet Group continues to grow and our Monday afternoon sessions are getting fairly busy. We have been offered an overflow session on Friday afternoons.

Would you be interested? Please let me know!

For more information: Email: peter_mathews@gmx.com Mob: 07740 780933

FUN QUIZ

Last Friday of the month at the
Driffield Cricket & Recreation Club, Kings Mill Rd.

THE QUIZ IS TAKING A REST UNTIL OCTOBER

Look forward to seeing you all then!

If you would like more details call: Ann Wilkinson - Mob: 07747 102635

Your u3a Committee

CHAIRMAN	Eamon McGeough	07950 057373
SECRETARY	Amanda Evans	07932 759262
TREASURER	Mary O'Neill	07977 040944
VICE CHAIRMAN	Steve Sansom	07714 178832
BEACON ADMINISTRATOR	Maggie Bray	07753 224793
WEBMASTER	Maggie Bray	07753 224793
MEMBERSHIP SECRETARY	Carole Salmon	07905 682103
NEWSLETTER EDITOR	Carole Salmon	07905 982103
ACCORD ADMINISTRATOR	Eamon McGeough	07950 057373
SPEAKER FINDER	Eamon McGeough	07950 057373
VOLUNTEER COORDINATOR	Janet Kish	07896 113301
COMMITTEE MEMBER	Paul Davies haven4angels@hotmail.co.uk	
COMMITTEE MEMBER	Gavin Cutler	07977 042021
COMMITTEE MEMBER	Sue Dixon	07712 567659
COMMITTEE MEMBER	Richard Neale	07748 260648

Non Committee Roles

GROUP SUPPORT	Vacant
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Groups and Group Leaders

425 Milers	Paul Grinstead	07932 494357
Archaeology/History	Susan Adamson	01377 270429
Art	Colin Seddon	07443 002450
Away Days	Terence Jarvis	07484 847816
Bridge	George Ansell	07929 299362
Card Making and Crafts	Debbie Ireland-O'Neill	07917 447974
	Adrienne Bailey	07530 714186
Classical Music	Colin Bickerdyke c.bickerdyke@talktalk.net	
Croquet	Peter Mathews	07740 780933
Digital Photography	Penelope Kinsley	07837 604166
Discussion Group	Chris Taylor	07484 160660
Geology	Kathy Chilver	01377 255052
Guitar: Starting Out	Chris Taylor	07484 160660
	Paul Patterson	07802 513175
Independent Persons	Marian Carter	07702 317441
	Penelope Kinsley	07837 60416
Local History	Ross Weekes	01377 253832
Mah Jongg	Mike Smith	07955 733514
New Age Kurling	Ann Wilkinson	07747 102635
Nature Group	Marian Carter	07702 317441
Quiz Afternoon	Ann Wilkinson	07747 102635
Reading Group	Julia Spencer-Jones	07726 264712
Rummikub	Carole Salmon	07905 682103
	Kay Maslen	07838 208025
Scrabble Group	Gerald Massey	01377 257063
Sociable Strollers	Sue Clarkson	01377 256857
Sunday Dining Group	Eamon McGeough	07950 057373
Table Tennis	John Cawley	07584 041909
	Chris Crosby	07594 414681
Tai Chi	Maggie Bray	07753 224793
Tech Support	Gavin Cutler	07977 042021
Walking Group	Steve Whitaker	01377 271447
Walking Tennis	Anita Oxtoby anita_oxtoby8@hotmail.com	
We're Jammin'	Chris Taylor	07484 160660

Membership

If you have any questions about Membership or would like details sent to a friend:

Please contact:

Carole Salmon:
carolesalmon@hotmail.com

Our Website

Our u3a website contains information about the Driffield & Wolds u3a and full details of our events.

<https://driffieldwolds.u3asite.uk>

What? When? Where?

Details of all our events can also be found in this Newsletter, on our Website, in Maggie's weekly 'Dates for your Diary' email and in the Driffield & Wolds Weekly.

Gift Aid

Donating through Gift Aid means The Driffield & Wolds u3a can claim an extra 25p for every £1 you give. It is completely free and the form is available on our website or at our monthly meetings.



Important Reminder to Group Leaders!

If you hire a venue to hold your meetings and have to cancel, for whatever reason, please ensure that you inform them. otherwise you may be charged!

Registered Charity Number:
1183231