

Welcome to your February Newsletter

Thought we would ring the changes and have someone else do the introduction:

I joined Driffield & Wolds u3a at their Open Day in September 2021.

I had only been in Driffield for a few months and as life was in lockdown at the time I had not had an opportunity to meet many people. u3a has been a lifeline!

I joined the Committee quite early on and in January 2023 took over the post of Membership Secretary. It has been a very enjoyable journey and I have loved being involved with keeping the membership growing. However, after three years in the post it is time to hand over to someone else.

If you are interested in taking on the role of Membership Secretary and would like more details I would love to hear from you.

carolesalmon@hotmail.com

Hopefully I shall be allowed to remain on the Committee, which I thoroughly enjoy, and as I edit the monthly Newsletter I shall still be very involved.

Regards Carole

*** NEW MEMBERS ***

Members joining before 31st March 2026 will automatically have their Membership extended to 1st April 2027 for the annual cost of £15.00!

If you would like membership details sent to anyone please let me know.

carolesalmon@hotmail.com

MONTHLY MEETINGS

Driffield Community Centre - Second Thursday of each month - 2.00pm - 4.00pm

ALL MEMBERS WELCOME



FREE BOOK SWAP

Bring along your old books and help yourself to new ones!



FREE REFRESHMENTS

This month provided by
The Quiz group



PROGRAMME

2026

Thursday 12th February
Green Growers - Nafferton

Thursday 12th March
Malton Museum

Thursday 9th April
Nutrition & Health

All Members Welcome
£1.50 Admission

Doors Open
from 1.30pm

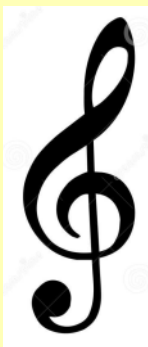


GREEN GROWERS

Gwen Egginton

Started in 1990 Green Growers is an organic Market Garden based in Nafferton, East Yorkshire. It is run by Gwen, who has a background in soil science and 25 years experience in organic growing, producing healthy, high quality food naturally and sustainably.

CLASSICAL MUSIC GROUP



Meetings are now being held on the 4th Monday of the month
in All Saints Church Hall.

Next meeting: Monday 23rd February at 10.00am

A complete audio presentation of TCHAIKOVSKY
including the Nutcracker Suite and Romeo and Juliet

All members welcome!

Group Leader: Colin Bickerdyke: Email: c.bickerdyke@talktalk.net

425 MILERS GROUP

The 425 Walking Group (2nd Tuesday and 4th Thursday of the month)

9.30am in Driffield Community Centre Car Park - car sharing available £3.00

We walk the Wolds, Holderness and the East/North Yorkshire coast. Most of our walks are within a 25 mile radius of Driffield

12 members of the 425 group met on Tuesday 13th January to plan the 2026 walking programme. In 2025 the group managed 20 walks - 14 country and 6 coastal, with only 1 cancelled due to bad weather.

The number of people on each walk varied between 5 and 17.

This year the walking "season" will begin on: **Tuesday February 10th at SANCTON**. The second walk is on: **Thursday 26th February from NORTH DALTON**. The walk leader for both is: Paul Grinstead

Email: p.grinstead2@btinternet.com Mob: 07932 494357



Group Leader Paul Grinstead - Email: p.grinstead2@btinternet.com or call 07932 494357 or 01377 255272

SOCIABLE STROLLERS GROUP

Meets on the first Friday of each month at 1.00pm in the Community Centre Car Park

Leaving at 1.00pm unless otherwise informed. Strong footwear is advised for the walks.

Walks are between 2-3 miles ending with refreshments at a café.

Friday 6th February - Discovering Driffield's Snickets
(postponed from January)

Leader: Ruth Pearson Tel: 01377 253926

Followed by a meeting to discuss plans for 2026 walks.



Group Leader - Sue Clarkson:

Tel: 01377 256857 Mob: 07762 782082 Email: clarkonsusan40@gmail.com

WALKING GROUP

Meets on the 1st Tuesday and the 3rd Thursday of each month.

9.30am prompt in Driffield Community Centre Car Park for car sharing.

Please bring picnic lunch.

Tuesday 3rd February - 8 mile moderate walk from **SNAINTON**

Walk leader is Paul:

Email: p.grinstead2@btinternet.com Mob: 07932 494357

Thursday 19th February - a moderate 7 mile walk from **LONDESBOROUGH**

Walk leader is Godfrey:

Email: sikelike@yahoo.co.uk Mob: 07960 755389



For more details contact Group Leader **Steve Whitaker** Email: sp.whitaker@yahoo.co.uk Mob: 07952 981786

INDEPENDENT PERSONS' GROUP

We meet on the second Friday of each month at the Cricket Club, King's Mill Road, Driffield
10.30am - 12 noon

We are organising our Spring meal at the next meeting
and deciding what adventures we want to get up to in 2026.
Don't forget to bring along your ideas!

For more information contact: Marian Carter - Mob: 07702 317441 or Penelope Kinsley - Mob: 07837 604166

Members not on Email are always phoned and updated!



TAI CHI - WEAPONS SPECIAL



Thursday 5th February - 2.00pm - 3.00pm

**Tai Chi teacher Wendy will be coming to demonstrate weapons,
and you will hopefully get the chance to 'have a go'.**

Weapons include: Staff - Sword - Fan - Nun-chucks - Silk scarf

Weapons are a great way to complement your Tai Chi training
(Thursday class 1.00pm - 2.00pm as normal)

TAI CHI



We have two Groups - Feel free to turn up and have a go!!

Entry Fee - £1.00

Meetings are held in the Driffield Community Centre main hall
on the first, third and fourth Monday & Thursday of the month.



MONDAYS: 2.00pm - 3.00pm THURSDAYS: 1.00pm - 2.00pm

Both groups are suitable for beginners and will include warm up exercises, Qigong, Meditation and Lee style Tai Chi form. Tai Chi can help you improve your health by learning to breathe correctly, improve flexibility and balance and help calm the mind.

Our greatest glory is not
in never falling, but in
rising every time we fall.
'Confucius'

Dates for February:

Mon: 2nd & 23rd

There is NO Tai Chi on Thursday 16th

Thurs: 5th, 19th & 26th

Group Leader: Maggie Bray

Mob: 07753 224793 email: maggie.bray@hotmail.com

NEW AGE KURLING

Our regular weekly playing sessions are Tuesday afternoons - 1.00pm - 3.00pm
(**term time only**) at the Driffield Leisure Centre, Bridlington Road.

Cost £3.00 per person and refreshments/biscuits provided by the Leisure Centre at 50p each.

Please pay for the session on the court - not at reception.

You just need indoor shoes/trainers - all equipment provided.

**Waiting to hear details of a friendly round robin competition
with other u3a's. Some serious training going on!**

NO KURLING ON 17th FEBRUARY - IT'S HALF TERM

Group Leader: Ann Wilkinson: Email: wilkynaff@yahoo.co.uk Mob: 07747 102635

CARD MAKING, CRAFT & SEWING GROUP

Meetings are held in the Community Centre on the last Friday of the month from 10.45am-12.45pm

Crafting - £5.00 per person to cover rent, materials and refreshments.

Our next CRAFTING meeting is Friday 27th February

Don't forget Netty will also be there to help you with all your SEWING questions.

Her bag of remnants and trimmings from last month will offer endless opportunities for sewing tips and demonstrations. Plus - how to make your own handbags! Need more information ring Netty: Mob: 07803 504298

Please contact: Adrienne Bailey - 07530 714186 - adrienne.bailey@outlook.com
or Debbie Ireland-O'Neill - 07917 447974 - d.ireland-oneill@hotmail.com

SUNDAY DINING GROUP

Thank you to Ross Weekes for organising a very enjoyable lunch
at The Star Inn, Nafferton in January.

Our next lunch is scheduled for **Sunday 22nd February**

We are dining at The Cross Keys, Nafferton.

All group members have been emailed with details.



If you would like more information please contact the Group Leader:
Eamon McGeough: Email: eamonm56@gmail.com

GEOLOGY GROUP

We meet on the 2nd & 4th Thursday of the month at the Cricket Club
between 10.00am and 12 noon

February meetings are on 12th and 26th

We will be continuing the Plate Tectonic theme.

Don't forget to put 12th March in your diaries when

Paul Hildreth will be speaking on:

"The Rocks and Birds of Flamborough Head"

For further details contact the Group Leader: **Kathy Chilver: 01377 255052**

LOCAL HISTORY GROUP

Meetings are held on the third Wednesday of the month at 2.00pm in the Driffeld Community Centre

ALL MEMBERS WELCOME!

WEDNESDAY 18th FEBRUARY

LOST VILLAGES OF HOLDERNESS

Phil Matherson

For more information contact **Ross Weekes** Tel: 01377 253832 Email: rossweekes@btinternet.com

ARCHAEOLOGY/HISTORY GROUP

Meets on the first and third Tuesday each month at the Driffeld Community Centre 10.00am to 12 noon

**Sadly, due to seating constraints, we are temporarily
closing this group to new members.**

Tuesday 3rd February

40 years of investigation at Wharram Percy Time for a fresh start?

Alistair Oswald

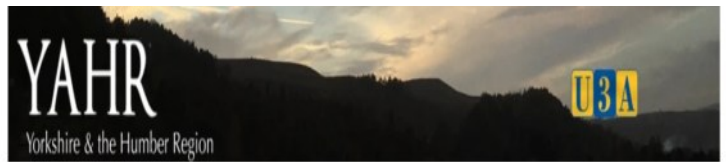
For more information contact Group Leader: **Susan Adamson** Tel: **01377 270429**

Driffield and Wolds u3a website

The Newsletter is up to date as of the first of each month, but sometimes things change.

To get the latest news, visit our website at:

<https://driffieldwolds.u3asite.uk>



YORKSHIRE AND HUMBER REGION U3A

Details of regional activities for u3as in the Yorkshire and Humber Region can be found on their website:

<https://yahru3a.uk>

READING GROUP

We meet on the last Thursday of the month in Members' homes.

As we meet in each other's homes our Group is currently at capacity.



For more details please contact:

Julia Spencer-Jones

Mob: 07726 264712

Email: charles.juliasj@gmail.com



BRIDGE GROUP



For Beginners to the more Advanced

We meet every Wednesday at 2.00pm in the Committee Room of the Community Centre

Our Meetings for February 2026 are:

4th, 11th, 18th & 25th



For more information please contact
Group Leader - **George Ansell** Mob: 07929 299362



SCRABBLE

Gerald Massey - 01377 257063



MAH JONGG

Mike Smith - 07955 733514



RUMMIKUB

Carole Salmon - 07905 682103

Kay Maslen - 07838 208025

The Games Group

The Games Group is an amalgamation of three separate groups (Mah Jongg, Rummikub and Scrabble) who meet together to defray costs. They all meet on the second and fourth Tuesday of each month at the Cricket Club from 2.00pm - 4.00pm.

This is a friendly social occasion with tea, coffee and biscuits.

We would be pleased for anyone who is interested in any of our three groups to drop into one of our meetings there is no obligation. Patient help will be given to anyone interested in any of the games even if you have no experience.

February meetings are Tuesday: 10th & 24th
We look forward to seeing you!

u3a HOLIDAYS 2026 - 2027

NORTHUMBERLAND - MAY 2026

THIS HOLIDAY IS NOW FULLY BOOKED

4th OCTOBER 2026

Departing 4th October 2026 this is a 5 day holiday staying at the

4* Blunsdon House Hotel in Swindon.

Price £470 pp (single supplement is £34 pp per night)

Places still available. If we can't fill it with our members we will open it out to anyone who cares to join us!

Visiting Oxford and Bath and Cotswold tour. Leaflet available at our February Monthly Meeting.

For further details contact Ann: wilkynaff@yahoo.co.uk

Northern Ireland - Spring 2027

We are still waiting for final costings/itinerary for this proposed trip, which will include the Titanic Experience, a day visit to Belfast and, hopefully, a visit to the Giants Causeway.

Watch out for details because it will be first come first served, I am unable to take early reservations! No passport needed for this holiday!

Enquiries to: Ann Wilkinson: email: wilkynaff@yahoo.co.uk Mob: 07747 102635

AWAY DAYS



Tuesday 28th April - Kiplin Hall

Our next Away Day trip is to Kiplin Hall with intermediate stops at Sutton Bank (a drop off point for walking enthusiasts) then Thirsk (for town enthusiasts).

More details will be sent to group members and available at the next monthly meeting.

Leave Driffield Rugby Union Club at 9.00am - Returning at 6.00pm

Cost: Bus only: £22.00 pp Kiplin Hall: £10.00 pp entry

Leader: Terence Jarvis: Email: thejarve@googlemail.com Tel: 01377 254615

Terry Jarvis Mob: 07484 847816 Sue Hudson: Mob: 07923 431609

NATURE GROUP

We meet on the 2nd Monday of the month. For more information contact Group Leader:
Marian Carter: Mob. 07702 317441 or Carole Salmon: Mob. 07905 682103

Our planning meeting was a great success with high attendance and several new members.

We put together an interesting and varied list of venues for our outings in 2026.

Details have been distributed to group members.

TECH SUPPORT CLINIC



The first Tech Support Clinic was successful and 12 members were assisted with enquiries of varying complexity and several more helped with quick verbal answers to less technical issues. It was seen as a worthwhile session and it has been decided that it should be repeated next month.

Previous visitors are very welcome to come again!

**Next meeting Wednesday 11th February 2.00pm - 4.00pm
in the main hall at the Driffield Community Centre**

Group Leader - Gavin Cutler: Email: gavinlcutler@gmail.com

CROQUET

Driffield Lawn Tennis & Croquet Club



Sadly, we have come to the end of our Croquet Season. Enjoy the winter and other u3a activities and I look forward to meeting up with everyone in the spring.

With very best wishes - Peter

For more information: Email: peter_mathews@gmx.com Mob: 07740 780933

DIGITAL PHOTOGRAPHY GROUP

The Cricket Club, King's Mill Road.

on the third Monday of each month 10.00am - 12 noon

We have a varied membership, all with experience to share.

Tea, coffee and treats are included! Why not join us?



Theme: Man & Beast



For more information please contact:
Penelope Kinsley on 07837 604166

Our next meeting will be on
Monday 16th February
Theme: *Cups - ceramic & glass*

TABLE TENNIS



Methodist School Room

Westgate, Driffield

Every Tuesday 1.00pm - 3.00pm

We are back up and running again but ...

The group is now at full capacity so anyone wishing to join will need to contact me in the first instance. Regards John

All equipment is provided - you just need suitable clothing and footwear.

For more details please contact Group Leader: John Cawley: Mob: 07584 041909



WALKING TENNIS



This option, kindly made available to us by Driffield Cricket & Recreation Club, is now closed for the year. Hoping to restart mid to late May.

More information available from: Anita Oxtoby: email: anita_oxtoby8@hotmail.com



ART GROUP

Meeting every Thursday 2.00pm - 4.00pm
at the Roman Catholic Church Hall, Westgate, Driffield.

A group for everyone whether you can paint - but haven't done it for a while - or can't paint but would like to. Working together we can help one another in a pleasant and easy going atmosphere.

Why don't you come along and see what we do.

Group Leader: Colin Seddon: Email: colinseddon@hotmail.co.uk Mob: 07443 002450



We're Jammin'

We meet every Wednesday at Driffield Methodist School Room
10.00am to 12 noon - Doors open 9.30 for setting up.

As this group is currently full members will be kept fully informed of any changes.

Group Leader: Chris Taylor: chri_taylor@btinternet.com Mob: 07484 160660



Guitar: Starting Out

The sessions are held in Driffield Community Centre
Mondays 10.00am - 11.30am

"Guitar: Starting Out" is changing. It is apparent that many of the group are no longer absolute beginners, meaning new starters feel out of their depth.

From Monday 2nd February we will be starting from the beginning.

Tony Weight who is a member of the Jammin' Group is going to lead the teaching. All current members of the group are welcome to attend, but please bear in mind that the emphasis will be on developing skills and technique rather than on performing songs. New Members welcome, especially absolute beginners.

Group Leaders: Chris Taylor: chri_taylor@btinternet.com Mob: 07484 160660
Paul Patterson: Mob: 07802 513175



The Discussion Group

The Group meets every Friday at 9.30am
in the Driffield Community Centre.
All u3a Members are welcome to join us.

Friday 6th February - Was Brexit worth it?

Brexit has happened. Maybe not how we thought or hoped it would.
What has it cost us and was it worth it?

Friday 13th February - Do we need a form of "Social National Service"

Should we encourage or compel people to perform services of benefit to society?
Could we reward this service in some way?

Friday 20th February - Free will

Philosophers have argued about whether we have free will. Some think it is an
Illusion and the future is predetermined. How does this affect our behaviour?

Friday 27th - Overseas aid. Help or hindrance?

Our country provides aid to developing countries. Does it really help them?
Do we (should we?) get value for the cost of providing aid?

For more details of planned discussions contact: **Chris Taylor: Mob: 07484 160660**

FUN QUIZ

Third Friday of the month at the
Driffield Recreation Club, Kings Mill Rd.

Friday 20th February - 1.30pm-3.30pm

Would anyone else like to try hosting a quiz?

I can provide the quiz/picture/music etc.

Just good to have another friendly face rather than mine all the time!

Let me know: Ann

Tea and biscuits - Free Raffle - £3.00 per person

If you would like more details call: **Ann Wilkinson - Mob: 07747 102635**

Your u3a Committee

CHAIRMAN	Vacant	
SECRETARY	Amanda Evans	07932 759262
TREASURER	Paul Davies	haven4angels@hotmail.co.uk
VICE CHAIRMAN	Eamon McGeough	07950 057373
BEACON ADMINISTRATOR	Maggie Bray	07753 224793
WEBMASTER	Maggie Bray	07753 224793
MEMBERSHIP SECRETARY	Carole Salmon	07905 682103
MEMBERSHIP TEAM	Kay Maslen	07838 208025
ACCORD ADMINISTRATOR	Vacant	
SPEAKER FINDER	Eamon McGeough	07950 057373
NEWSLETTER EDITOR	Carole Salmon	07905 682103
COMMITTEE MEMBER	Steve Sansom	07714 178832
VOLUNTEER COORDINATOR	Janet Kish	07896 113301
COMMITTEE MEMBER	Gavin Cutler	07977 042021

Non Committee Roles

GROUP SUPPORT	Vacant
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Groups and Group Leaders

425 Milers	Paul Grinstead	07932 494357
Archaeology/History	Susan Adamson	01377 270429
Art	Colin Seddon	07443 002450
Away Days	Terence Jarvis	07484 847816
Bridge	George Ansell	07929 299362
Card Making and Crafts	Debbie Ireland-O'Neill	07917 447974
	Adrienne Bailey	07530 714186
Classical Music	Colin Bickerdyke	c.bickerdyke@talktalk.net
Croquet	Peter Mathews	07740 780933
Digital Photography	Penelope Kinsley	07837 604166
Discussion Group	Chris Taylor	07484 160660
Geology	Kathy Chilver	01377 255052
Guitar Starting Out	Chris Taylor	07484 160660
Independent Persons	Marian Carter	07702 317441
	Penelope Kinsley	07837 60416
Local History	Ross Weekes	01377 253832
Mah Jongg	Mike Smith	07955 733514
New Age Kurling	Ann Wilkinson	07747 102635
Nature Group	Marian Carter	07702 317441
Quiz Afternoon	Ann Wilkinson	07747 102635
Reading Group	Julia Spencer-Jones	07726 264712
Rummikub	Carole Salmon	07905 682103
	Kay Maslen	07838 208025
Scrabble Group	Gerald Massey	01377 257063
Sociable Strollers	Sue Clarkson	01377 256857
Table Tennis	John Cawley	07584 041909
Tai Chi	Maggie Bray	07753 224793
Tech Support	Gavin Cutler	07977 042021
Walking Group	Steve Whitaker	01377 271447
We're Jammin'	Chris Taylor	07484 160660

Membership

If you have any questions about Membership or would like details sent to a friend:

Please contact:

Carole Salmon:
carolesalmon@hotmail.com

Our Website

Our u3a website contains information about the Driffield & Wolds u3a and full details of our events.

<https://driffieldwolds.u3asite.uk>

What? When? Where?

Details of all our events can also be found in this Newsletter, on our Website, in Chris's weekly 'Dates for your Diary' email and in the Driffield & Wolds Weekly.

Gift Aid

Donating through Gift Aid means The Driffield & Wolds u3a can claim an extra 25p for every £1 you give. It is completely free and the form is available on our website or at our monthly meetings.



Important Reminder to Group Leaders!

If you hire a venue to hold your meetings and have to cancel, for whatever reason, please ensure that you inform them. otherwise you may be charged!

Registered Charity Number:

1183231